

Blyth Running Club Track 1 Mile Championships 22nd July 2019

	<u>Men</u>			<u>Women</u>	
1	Scott Povey	5:16.1		Lauren Barrett	6:15.8
2	Martin Thompson	5:32.3		Sandra Watson	6:49.0
3	Steven French	5:35.8		Lindsay Freeman	7:14.1
4	Henry Madden	5:37.6		Clair Southern	7:20.2
5	Tony Dunn	5:42.6		Helen Morris	7:21.5
6	Tony Horsley	5:58.4		Michelle Connor	7:35.8
7	Phil Battista	6:02.8		Anita Brabazon	7:38.9
8	Steve Dobby	6:12.3		Yvonne Clelland	7:41.3
9	Billy Shaw	6:19.3		Alison French	7:56.9
10	Brian Johnson	6:20.2			
11	Lewis Freeman	6:20.2			
12	David McGarry	6:24.8			
13	Michael Ashby	6:49.0			
14	Gary Todd	6:58.0			
15	Dayle Stafford	7:02.8			
16	Colin Brown	7:35.3			